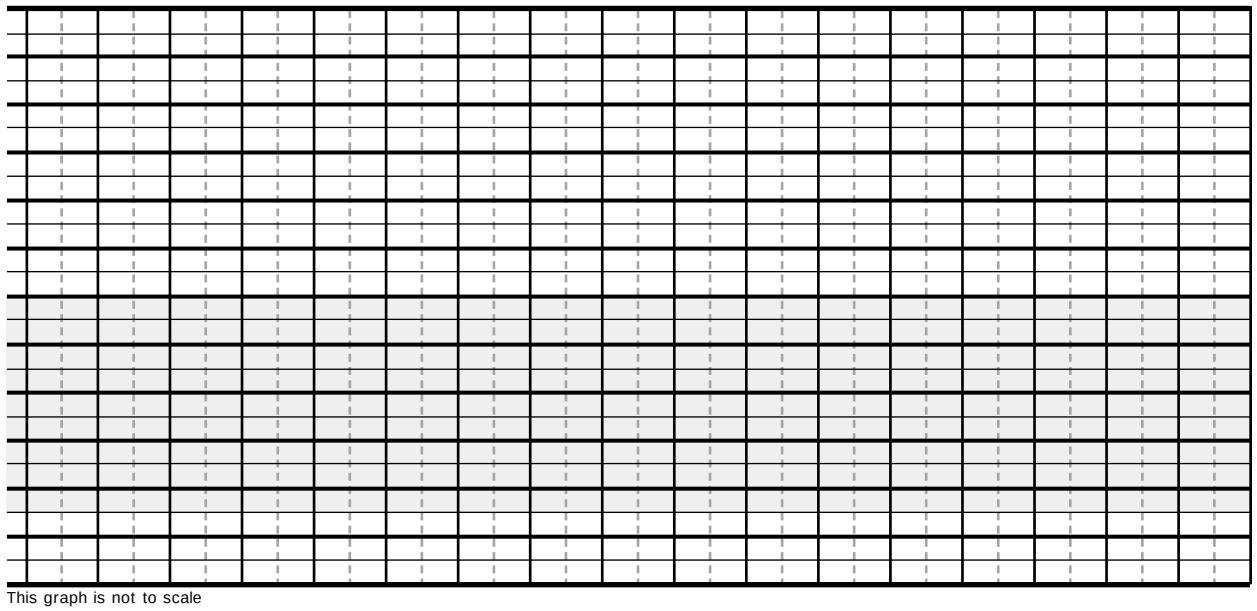
DAILY JOURNAL

DAY: _____



This graph is not to scale

DATE																					
	12A			6A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P
Blood Glucose																					
Carbohydrates																					
Meal Bolus																					
Correction Bolus																					
Basal Rate																					
Exercise																					
Urine Ketones																					
Set Change																					

FOOD JOURNAL

Breakfast

Snack

Lunch

Snack

Dinner

Snack

NOTES

Exercise, stress, illness, low blood sugar & treatment, pump alarms, specific foods / CHO

For photocopying and faxing

NAME: _____

DAY: _____ **DATE:** _____

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