



Sensor application & adhesion guide

Instinct sensor



Where to place the sensor

- Select a flat area on the back of your upper arm (no bending or folding).
- Choose a place that is at least 1 inch (2.5 cm) away from an insulin injection site.
- To avoid irritation, we recommend moving your next sensor to the other arm.
- For best connection, wear pump on same side of body as sensor.

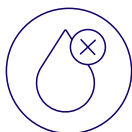


How to prep your skin



- 1. Wash**
Only use non-moisturizing, fragrance-free soap to wash the area where you'll apply the sensor.
- 2. Clean**
Use an alcohol wipe to remove any oily residue.
- 3. Dry**
Skin must be completely dry. Take extra care after showering, swimming or working out.

Top prep tips for extra stickiness



Moisture

Application area needs to be completely dry.



Hair

Consider shaving the application area.



Oily residue

Application area should be free of soap, lotion, shampoo, or conditioner.

Sensor insertion

Prepare the sensor

Unscrew cap from applicator and set cap aside.



Apply the sensor

To apply the sensor, press firmly and listen for the click.



Pull back slowly after a few seconds.

NOTE: The needle does not stay in your arm.



Gently press around sensor's edge to secure it.



Remove and replace your sensor

- Pull up the adhesive edge and slowly peel it away from your skin.
- You can use products with moisturizing properties to help remove your sensor including baby oil or adhesive removers like Uni-Solve.[†]
- To dispose of your sensor, follow your local regulations for electronic equipment, batteries, sharps, and materials that are exposed to body fluids.

[†] The information above does not constitute an endorsement of the manufacturer or the product quality. Medtronic and Abbott Diabetes Care are not responsible for the completeness or accuracy of product information. Product availability may vary by country and region. The manufacturer's instructions for use of each product should be followed.

Tips for keeping your sensor in place



Easy does it

Be careful not to catch your sensor on objects such as doorways, car doors, seat belts, and furniture edges.



Pat dry

After a shower or swim,[†] take extra care when towel drying to avoid catching or pulling off your sensor.



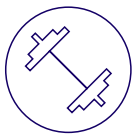
Dress for success

Give your sensor room to breathe by wearing loose-fitting clothing[‡] and lightweight materials.



Slow down

When dressing or undressing, be careful not to catch your undergarments on the sensor.



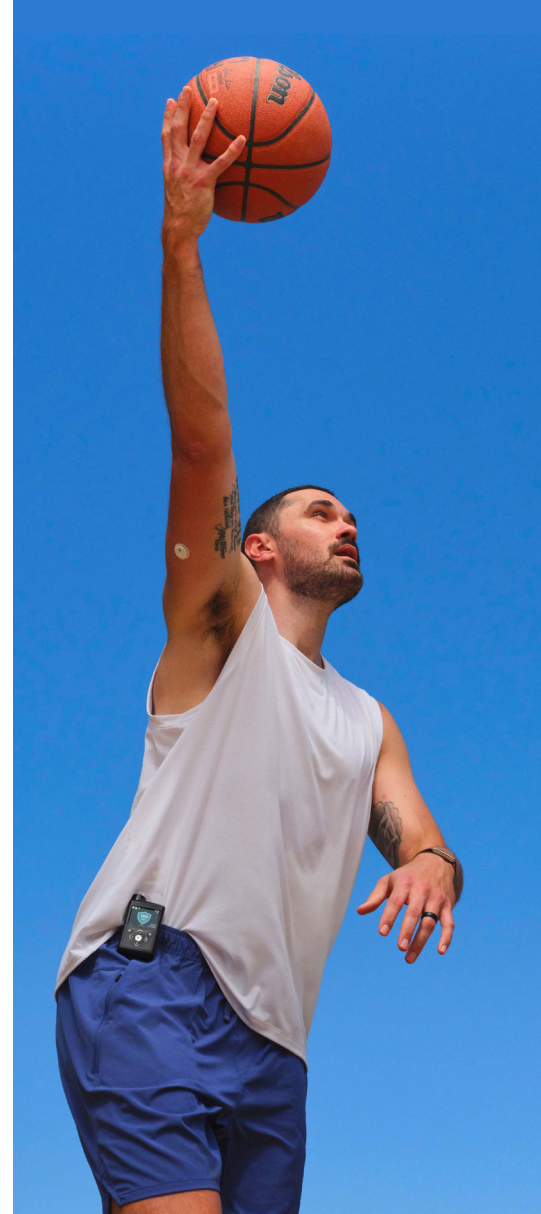
Play it safe

For contact sports and heavy exercise, select a sensor site on the back of your upper arm that minimizes the risk of the sensor being knocked off.



Hands off

Try not to play with, pull, or touch the sensor while wearing it.



Products that add extra stickiness[§]



Overbandage

A medical-grade adhesive; bandage or tape.[¶]



Skin-Prep[®] protective barrier wipes

Protective liquid dressing that allows skin to breathe so tapes and films adhere better.



Tegaderm I.V. (Overbandage)

A transparent film that provides adhesive strength.



Mastisol[®] liquid adhesive

Clear, non-irritating, non-water-soluble liquid adhesive that secures dressings even in moist areas.



Torbot Skin Tac[™]

A hypoallergenic and latex-free "tacky" skin barrier.

[†] Sensor is water-resistant in up to 1 meter (3 feet) of water. Do not immerse longer than 30 minutes.

[‡] The app can capture data from the sensor when it is within close proximity of the sensor. The proximity and orientation of the antenna in phones varies and the phone will have to be moved around to find the best position for scanning the sensor.

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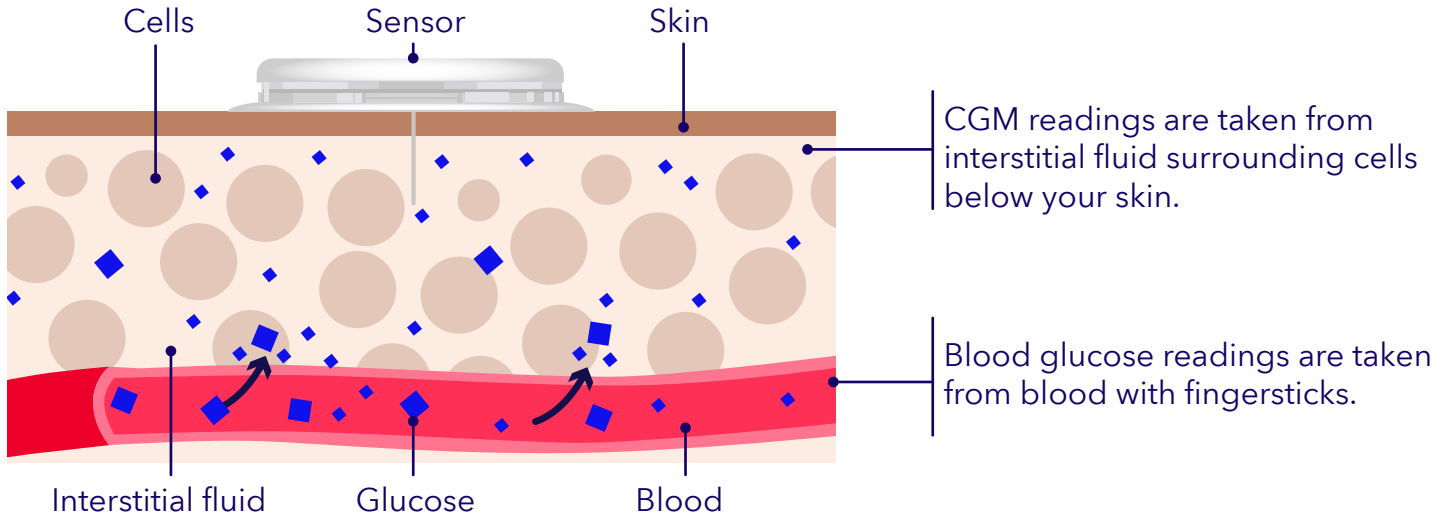
[¶] Over-bandage must be applied at the time of sensor application. The opening/hole in the center of the sensor must not be covered. Additional medical grade bandages/tape can be applied, but do not remove bandages/tape once applied until sensor is ready for removal.

Staying on top of your glucose doesn't have to be a pain.

Instinct sensor is proven to be accurate, stable, and consistent for up to 15 days without fingersticks in SmartGuard™ technology.†



CGM measures glucose levels via interstitial fluid, not from blood.



Questions? We're here for you

Call us at 1-800-646-4633

Option 1: 24-hour Technical Support

Option 2: Supply ordering

Option 4: Billing

Find more support online: [medtronicdiabetes.com/support](https://www.medtronicdiabetes.com/support).

† Fingersticks required in manual mode & to enter SmartGuard™. If symptoms don't match alerts & readings, use a fingerstick. Refer to user guide. Pivotal trial participants spend avg of > 93% in SmartGuard™.

References:

1. Fokkert, M. BMJ Open Diabetes Research & Care (2019). <https://doi.org/10.1136/bmjdr-2019-000809>.
2. Tarini, C. Glucose Sensor Use in Children and Adolescents (2020). https://doi.org/10.1007/978-3-030-42806-8_2.

Important Safety Information for MiniMed™ 780G system with Instinct:

MiniMed™ 780G system is for type 1 ages 7 and over. Prescription required. **WARNING: Do not use SmartGuard™ feature for people who require less than 8 units or more than 250 units of insulin/day.** For details, please visit <https://www.medtronicdiabetes.com/support/download-library/user-guides> and www.medtronicdiabetes.com/important-safety-information for complete details.

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